

Testimonials



The opportunity to live in Porto to complete my Ph.D. studies at the Faculty of Education and Psychology in Porto has been a fabulous experience to grow personally and professionally. The perfect mix of working autonomously, but at the same time having all the support I need from other researchers available, is being the ideal scenario for my development as a junior researcher. I highly recommend this experience to any student willing to take a big step forward in their career in a multicultural environment.

Lucia Penalba
Spain



My experience in this Ph.D. program has been nothing but exciting and educational! The program allows us to commune and cooperate with international experts but helps us create and output internationally relevant research. It is the perfect opportunity to develop my academic and personal skills, and every day I have a new challenge within my research group.

Pedro Ribeiro
Portugal



Faculdade de Educação e Psicologia
Universidade Católica Portuguesa - Porto

 Rua de Diogo Botelho, 1327
4169-005 Porto

 939 450 000 / 01

 candidaturas.porto@ucp.pt

 fep.porto.ucp.pt



International Ph.D. in Applied Psychology: Adaptation and Change in Contemporary Societies



CATOLICA
FACULTY OF EDUCATION
AND PSYCHOLOGY
PORTO



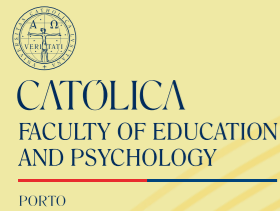
UNIVERSITAT
**RAMON
LLULL**



Nottingham Trent
University

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Coordination Team Testimonials



Luísa Antunes Ribeiro

Universidade Católica Portuguesa



Ana Andrés

University Blanquerna - Ramon Llull University



Vivienne Du

Nottingham Trent University

The programme has an important **focus on applied psychology across the lifespan, including mental health and well-being in the context of contemporary societies**, characterized by fast changes and complex social problems. By fostering mobility and participation in diverse research environments, the course offers an unparalleled opportunity to join an exciting research network and to kick-start an international career.

This is an opportunity for novel researchers to expand their academic network and to work together with academics from three different countries and different backgrounds. **An added value for researchers and professionals from the Applied Psychology field to grow in a global context.**

This programme provides a unique international Ph.D. experience where supervision and training are across three different University institutions. **The candidates will engage with a broader range of methodological approaches and an international peer network that can share research ideas and provide new perspectives.**

The International PhD in Applied Psychology

The **International PhD in Applied Psychology** is a research-based international programme in partnership with the University of Ramon Llull (URL) and Nottingham Trent University (NTU) offering training to doctoral students interested in applying psychology across the lifespan, including issues related to mental health and well-being in the context of contemporary societies, characterized by fast changes and complex social problems.

We offer an unparalleled opportunity to conduct world-class research with an impact on professional contexts, applied psychology settings, and global societies.

You will obtain a triple diploma, join research teams in three different countries, and be part of an exciting research network of experts in your field!

Study Plan

- Thesis work for the full duration of the programme (3 years) (160 ECTS)
- Research Methods (quantitative and qualitative research seminars in years 1 and 2) (20 ECTS)

Admissions

Application deadline
May 29, 2025

Entry requirements

- Bachelor's degree and Master's degree equivalent to a "Merit/Commendation"
- Bachelor's degree or Master's must be in Psychology or a related discipline (e.g., Educational Sciences, Social Sciences, Life Sciences)
- For non-native English speakers, the English proficiency requirement is a minimum IELTS score of 6.5 overall, with at least 6.5 in both the speaking and writing components
- The student must agree to undertake a research internship for one academic year at NTU (if accepted in the UCP or URL)

Length of the programme
3 years/6 semesters

Programme Goals

- Offer quality education based on state-of-the-art conceptual and methodological approaches
- Provide a strong international research environment in three highly qualified research teams, one in each of the partner universities
- Prepare Ph.D. students for a high-level international career, by fostering international mobility
- Maximize international dissemination of research in relevant contexts in each study area

Research Areas

The Ph.D. programme integrates four areas of research:

1. Human relationships across the lifespan: couple, family, and group
2. Mental health and psychopathology: Challenges of a global and changing society
3. Exclusion: Social (in)justice, conflict, and psychological wellbeing
4. Adaptive and maladaptive behaviours related to digital technologies

Next Steps?

Check out our website to find out more about the application procedures, our Virtual Open Day and other initiatives within this programme.

Join Us here

