# BACHELOR'S DEGREE

# PSYCHOLOGY

## WE WALK ALONGSIDE YOU TO UNLOCK YOUR TALENT

CATÓLICA
FACULTY OF EDUCATION AND PSYCOLOGY
PORTO



**Beatriz Mendes Valongo**
Student at Católica



# UNIVERSIDADE CATÓLICA PORTUGUESA PORTO

*MULTIDISCIPLINARY CAMPUS WITH MULTIPLE OPPORTUNITIES*

- **8 FACULTIES**
- **7 RESEARCH CENTRES**

- ✓ ARTS
- ✓ BIOTECHNOLOGY
- ✓ ECONOMICS AND MANAGEMENT
- ✓ HEALTH SCIENCES AND NURSING
- ✓ LAW
- ✓ EDUCATION AND PSYCHOLOGY
- ✓ THEOLOGY




# / We open the doors to the global world

Get ready to discover our international mobility programmes, which allow you to engage with diverse contexts and cultures.

**WE PROVIDE A CHALLENGING RESEARCH ENVIRONMENT**

Through the Research Centre for Human Development (CEDH), you can become part of an enthusiastic research environment.



# / We know each student's journey

Our culture of proximity and a dynamic university environment support you in the transition from secondary education to higher education.



### WE CHALLENGE YOU TO GET INVOLVED AND TO EXPERIENCE

Through Community Service and national and international Volunteering, you have the opportunity to take part in missions and make a difference in the community.

### WE INVITE YOU TO DISCOVER THE PRACTICE OF PSYCHOLOGISTS

You can take part in activities that bring you closer to the professional practice of Psychology through our University Psychology Clinic (CUP).

### WE TRAIN PROFESSIONALS OF EXCELLENCE

We support you with rigour and proximity, fostering your academic and human development so that you become a psychologist of reference.

## / We help shape your future

In response to the competitiveness of the labour market, we help you broaden your skills.

## / We value merit

If you have demonstrated high performance in Secondary Education and throughout your academic journey, we reward you with partial tuition fee waiver scholarships.

### WE FOSTER CONTINUOUS IMPROVEMENT

We provide a space for the development and experimentation of pedagogical practices, where students and teaching staff collaborate on innovative projects.

### SOCIAL SCHOLARSHIPS

We support students through proposals for social scholarships, tailored to each individual case (DGES and Católica Social Support).



## / WHAT WILL YOU BE ABLE TO DO IN THE FUTURE?

Our Bachelor's degree and our Master's degrees in Psychology enable you to work in different contexts:

- **Public and private organisations**
- **Hospitals and primary health care**
- **Prison establishments and forensic assessment**
- **Socio-educational and community intervention**
- **Education, Training and Research**
- **Psychological counselling and psychotherapy**

## / HOW CAN YOU APPLY?

NATIONAL EXAMS
one of the combinations below, of your choice

| | |
|---|---|
| ✓ Portuguese + | Biology and Geology **or**<br>Applied Mathematics to Social Sciences **or**<br>Philosophy **or** |
| ✓ Biology and Geology + | Applied Mathematics to Social Sciences **or**<br>Philosophy **or** |
| ✓ Philosophy + | Applied Mathematics to Social Sciences |

CALCULATION OF THE APPLICATION GRADE

50% final secondary school average grade + 50% national exams (25% of each exam)

You can start the application process and upload the ENES form at a later stage (by the end of the application deadline).

## The quality of our teaching is recognised by students and by the labour market





## CURRICULUM

**1.º Year 1.º Semester**

- Biological Foundations of Behaviour
- Epistemology of Research in Psychology
- History of Psychology
- Neurosciences: Structure and Function
- Cognitive Processes: Memory
- Cognitive Processes: Perception and Attention
- UCP2 Be - Promotion of socio-emotional skills

**1.º Year 2.º Semester**

- Communication and Interpersonal Relationship in Psychology
- Christianity and Culture
- Statistics Applied to Psychology I
- Cognitive Processes: Language
- Psychophysiology
- Psychology of Learning
- Psychology of Emotions and Motivation

**2º Year 1.º Semester**

- Statistics Applied to Psychology II
- Introduction to Scientific Writing
- Quantitative Research Methods in Psychology
- Personality and Individual Differences
- Developmental Psychology I
- Social Psychology
- Elective course I

**2º Year 2.º Semester**

- Psychological Assessment
- Qualitative Research Methods in Psychology
- Psychodynamic and Humanistic Models
- Qualitative Data Analysis Workshop
- Developmental Psychology II
- Theories and Processes of Intelligence
- Elective course II

**3º Year 1º Semester**

- Fundamentals of Health Psychology
- Community Psychology
- Psychology of Education and Human Development
- Psychology of Justice and Deviant Behaviour
- Psychology of Work and Organizations
- Child and Adolescent Psychopathology
- Elective course III

**3º Year 2º Semester**

- Ethics and Deontology in Psychology
- Adult Training and Lifelong Learning
- Cognitive-behavioural Models
- Systemic and Narrative Models
- Psychometrics Workshop
- Adult Psychopathology
- Elective course IV

# Shaping the Future

Social scholarships

High Employability Rates

Merit Scholarships and Awards

Social Responsibility

## KEY DIFFERENTIATORS

**Culture of proximity across the Human, Academic and Corporate dimensions**

**Innovation in the launch of new academic programmes**

**Focus on knowledge transfer**

**Solid internationalisation in teaching and research**

**Education of excellence recognised by the labour market**

**Strong links with the community**





## JOURNEY OF LEARNING, CHALLENGE AND TRANSFORMATION

The Bachelor's degree in Psychology provides contact with **numerous areas in which psychologists operate:** Clinical Psychology, Health, Work, Organisations, Human Resources, Education, Human Development, Justice and Deviant Behaviour.

At the Faculty of Education and Psychology, students experience a genuine culture of proximity and are challenged to engage in a variety of initiatives, ranging from research to participation in the community.

### TALK TO US AND CHALLENGE US!


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+351 939 450 000/12
*call to the national fixed-line network

Applications:
admissions.porto@ucp.pt

Academic Services:
sa.porto@ucp.pt


DISCOVER MORE ABOUT YOUR FUTURE AT CATÓLICA

### FOLLOW US ON SOCIAL MEDIA:

- educacao_psicologia_catolica
- @educacaoepsicologia.ucp
- @EducacaoPsicologiaUCPPorto
- school/fep-ucp
- Educação e Psicologia - Católica Porto
- www.fep.porto.ucp.pt